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March 1st 2018: Who are you sticking to that is sticking you?

Do you have anyone in your life that drives you crazy and you just can't seem to get unstuck from them? Perhaps you can't get enough of them or maybe you can't stand them – really what else is possible? This week's guest, Dr. Adriana Popescu, sees this challenge often with her clients and has developed some powerful strategies to unstuck you from the relationships where you feel choiceless.

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Featured Guest



Dr. Adriana Popescu

Dr. Adriana Popescu is a licensed clinical psychologist and transformational life coach with over 25 years of experience in the mental health field.

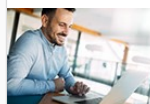
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