

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



## Breast Friends Cancer Support Network



Helping women survive  
the trauma  
of cancer ... one  
episode at a time.



With host  
**Michelle Beck**  
[www.breastfriends.org](http://www.breastfriends.org)

**Breast Friends Cancer Support Network**  
Wednesday at 9 AM Pacific  
**April 24th 2019: Massage, Stress and Breast Cancer**

### Tune in

Wednesday at 9 AM Pacific  
Time on VoiceAmerica Health  
and Wellness Channel

We all know that stress is bad for cancer patients. Learn about the impact of stress and how to overcome it using various tools, including massage, and introducing balance into our lives. We will also explore how others affect our self-care and how to ask for help even if our cancer is in remission. Join us with our guest Jacki Gethner.

[LISTEN LIVE](#)

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

[DOWNLOAD PDF](#) [GET CODE](#)

Questions? Comments?  
Call In Live! Call-In  
Toll Free: 1-866-472-5788  
Intl: 001-480-398-1394

### Featured Guest



#### Jacki Gethner

Jacki Gethner has been a certified and licensed massage therapist since 1988 receiving her training in Boulder, Colorado. Her work with the only complementary/western medicine AIDS conference (AIDS Medicine and Miracles) in the subsequent years has brought her work nationally and internationally.

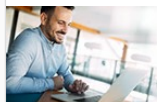
[Read more](#)

### Share This Episode



### Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

[VOICEAMERICA BLOG](#)