



**Empowering Women, Transforming Lives**  
Thursday at 10 AM Pacific  
**September 12th 2019: Step Into Your Brilliance:**  
**3rd in Special Author Series**

Join Rebecca Hall Gruyter for our special interview series with the authors of Step into Your Brilliance to release September 17th. This powerful anthology encourages readers to recognize their brilliance. Listen in as our authors give you a peek into some of their insight on embracing and stepping fully into your brilliance. This week, Rebecca will talk with: Sophie Roumeas, Kimberly Scherer, Sonia Ferrell, and Rev. Laura Jackson.

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Time on VoiceAmerica  
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**Featured Guests**



**Sonia J. Ferrell**

Sonia Jimenez Ferrell is Leadership Trainer, Mindset Coach, Engineering Consultant, a Wife, and Mother. She received a B.S. in Industrial Engineering, a Master's degree in Leadership, and a Values Coach accreditation.

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**Reverend Laura Jackson**

Rev. Laura Jackson Loo is a New Paradigm Thought Leader and Transformational Presenter. She is a nationally recognized speaker on several motivational and inspirational topics, and an author, consultant, mentor and musician.

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**Guest Image**

**Sophie Roumeas**

For some people, music is their words; for others, words are their music. Passionate about words and their ability to trigger emotions, memories and thoughts, Sophie infuses them in her therapeutic work as she leads meditation, hypnosis sessions, and family constellations. In 2021 she compiled and published her first anthology, J'ai vécu la même chose que toi, written with twelve co-authors. The best-seller testifies to the resilience displayed by these young women who recovered from breast cancer as a message of hope and encouragement for the families affected by this ordeal. Born in the French Alps, nature has always been a source of creativity for Sophie; encouraging intuition, listening

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**Dr. Kimberly Schehrer**

Dr. Kimberly Schehrer is a Teen Breakthrough Expert with Raising Unstoppable Teens. She is known for supporting struggling students with turning their grades around and elevating their self-esteem. Her specialties include: leadership, education and personal development. She is passionate about coaching teens, because she believes they are a misunderstood group brimming with potential and promise. Dr. Kimberly has over 15 years of experience working with parents and teens at schools and private institutions. She has an MA in Counseling Psychology and a PhD in Humanistic Science. She is honored to have been a Top Professional Quoted on: ABC, CBS, NBC Fox and to receive the award, Best Education

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