



### Living to 100 Club Archives Available

**May 15th 2020: Aging, Sexuality, and Infidelity in  
the Digital Age**

Our next episode of the Living to 100 Club radio program explores aging and sexuality. Our guest is Dr. Peter Kanaris, a clinical psychologist with a specialty in sexuality and mental health. We will discuss the favorable and unfavorable changes in sexual activity in seniors, such as physical, psychological, and relationship benefits and the challenges that occur with advancing age, challenges from things like illness, medications, loss of partners, and now the COVID-19 virus. Also explored is the proliferation of sexual addictions and pornography, the difficulties in recovery, and re-establishing

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### Featured Guest



#### Peter Karanis

Dr. Karanis holds a doctorate in Clinical and School Psychology, and is licensed as a psychologist in NY State, and certified as a Diplomate of Sex Therapy. He has served as the Public Education Campaign Coordinator for the NY State Psychological Association, has been featured on live television telecasts, interviewed in newspaper and magazine columns, and is the co-host of an educational video series "Psychology and You". He has been honored several times by the NY State Psychological Association for his contributions to the profession of psychology and as Psychologist of the Year by the Suffolk County Psychological Association. Learn more about Dr. Karanis and his many articles and interviews.

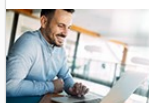
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