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HEALTH & WELLNESS



Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
March 24th 2021: Harnessing Grief: A Mother's Quest for Meaning and Miracles

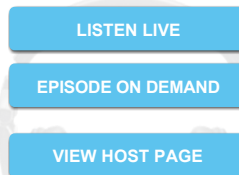
In a short span of time, Maria Kefalas' husband, father and father-in-law were all diagnosed with life limiting cancer. But none of them knew that would not be the worst thing they would face. Her 2 year old daughter's diagnosis with MLD, an incurable and universally fatal illness, would take her grief to an even deeper place. And facing life with a dying child and husband would seem, at first, impossible. Over time, though, Maria found her way to her own meaning and purpose and learned what would help her to face everything that was coming. In the process, she also helped many other families

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Featured Guest



Maria Kefalas

Maria J. Kefalas is a professor at Saint Joseph's University in Philadelphia and the author or coauthor of three books, including *Hollowing Out the Middle*, *Working-Class Heroes*, and *Promises I Can Keep*. Dr. Kefalas is also an advocate, a philanthropist, a blogger, and the cofounder of the Calliope Joy Foundation, which in 2015 helped fund the nation's first Leukodystrophy Center of Excellence at the Children's Hospital of Philadelphia and has supported families receiving treatment for MLD. She lives with her three children, Camille, PJ, and Cal, and her dog, Brody, outside Philadelphia.

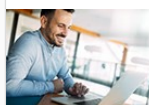
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