

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



THE UNDERGROUND:

Unlocking Alternative Journeys to Health with Kelly Richardson



The Underground: Unlocking Alternative Journeys to Health
Podcast Episodes Available on demand
November 16th 2023: Shaking Up The Underground: Concussions

In today's show, we will be interviewing two concussion survivors Heather Haffener and Tristan Shea. Both have experienced terrible concussions and traumas in their lives that left them incapacitated for a period of time. Through Bio-Energetic Kinesiology, both have taken back their lives and come out the other side.

[DOWNLOAD PDF](#) [GET CODE](#)

Tune in

Podcast Episodes Available on demand on VoiceAmerica Health and Wellness Channel

[LISTEN LIVE](#)

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

Questions? Comments?
Call In Live! Call-In
Toll Free: 1-866-472-5788
Intl: 001-480-398-1394

Featured Guests



Heather Haffener

Since graduating from Kansas State University with a bachelors in Communications, Heather took time to travel across Europe and the United States. She then settled down in Anchorage, Alaska with her new husband, Jordan. With a new state, came new hobbies including mountain biking, packrafting and skiing. In 2020, Heather relocated to Carbondale, Colorado where she enjoys her home and chickens. She started her current career as a Territory Manager with Waste Connections.

[Read more](#)



Tristan Shea

Tristan has recently graduated from the University of Wisconsin Oshkosh. He is currently deciding on the next chapter of his life. Tristan enjoys travel, skiing, and time with his family.

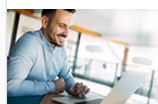
[Read more](#)

Share This Episode

[Share On Facebook](#) [Share On Twitter](#) [Share On LinkedIn](#)

Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

[VOICEAMERICA BLOG](#)