



Holistic Healing with Herbs and Chinese Medicine Archives Available

Holistic Healing with Herbs and Chinese Medicine offers you tools for vitality and health from a 3000 year old healing system, emphasizing how herbs, acupuncture, food and qi gong can be used to treat common chronic and acute health problems. Andres and Michele will guide you to an understanding of Chinese medicine and how it can help them achieve physical and emotional wellbeing. Each week they will present natural solutions for common problems and discuss timely issues of concern to people using these therapies, hosting guests with unique expertise and inviting listeners to share questions a

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