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April 30th 2010: Overcoming Sexual Shame- Is Shame Keeping You From Enjoying Sex?

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One of my missions in life is to help people to overcome sexual shame. You may experience it when it touch yourself, or maybe it creeps in just as you or your partner are at the height of pleasure. In this episode we will be talking with John Ince the author of The Politics of Lust and we will be sharing ways you can move into Sexual Freedom. John will expose information about hidden sexual anxieties and the social system that breeds shame into the minds of millions of people. This show will give you a new frame from which to view your sexuality and our culture.

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Featured Guest

Guest Image

John Ince

For the last thirty years John Ince has been professionally involved in sexuality, as a lawyer, writer, activist and educator.

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