





Sex with Jaiya **Archives Available**

February 11th 2011: Sex After Having a Baby

Many of you know I'm a new mom and I'm determined to shed some light on the secrecy surrounding what happens to couples after the birth of a baby. If you are a new mom or a couple with a young child be sure to listen in and call in with your questions. My guest is Ellen Heed. She's a somatic sexologist and she helped me save my sex life after I had painful and devastating sexual experiences with my partner D. Love. I'll share my story, plus some of the solutions that Ellen and I discovered when working with postpartum women over the last year and half. This is going to be a very valuable

Read more





Tune in

Archives Available on VoiceAmerica Variety Channel

EPISODE ON DEMAND

VIEW HOST PAGE

Featured Guests



Ellen Heed Ellen Heed initiated the Women's Sacred Anatomy Project, with the

intention of starting a fresh sexual revolution for the 21st Century. The Project was created to focus on the primacy of female sexual experience by teaching detailed female sexual anatomy exclusively to women.

Read more



Kristen Chase

Kristen Chase worked as a musician, college professor, and textbook author before becoming a mother, blogger, and sex columnist for Imperfectparent.com.

Read more

Share This Episode







Connect with VoiceAmerica

















Read what our hosts are writing about.

