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Sex with Jaiya
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April 8th 2011: A Lover's Touch

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Jaiya is joined by Dr Betty Martin, author and creator of The Lover's Touch. After years of working with people in the realm of their sexuality, Dr Martin was surprised by the number of people who feel little real choice in their sensual and sexual lives, or struggle to exercise the choice they actually do have, or even to voice their desires. Everyone seems to have a great capacity to do what they think they are supposed to, instead of what they really long for in that moment. Dr Betty says, "I have come to appreciate desire and choice as the route to freedom and playful loving expression. Wi

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Featured Guest



Betty Martin

Dr. Betty Martin has been touching others and teaching others to touch, for over 30 years now. Chiropractic, Somato-Respiratory Integration, Educational Kinesiology, Reiki, Neuro-Emotional Integration,

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