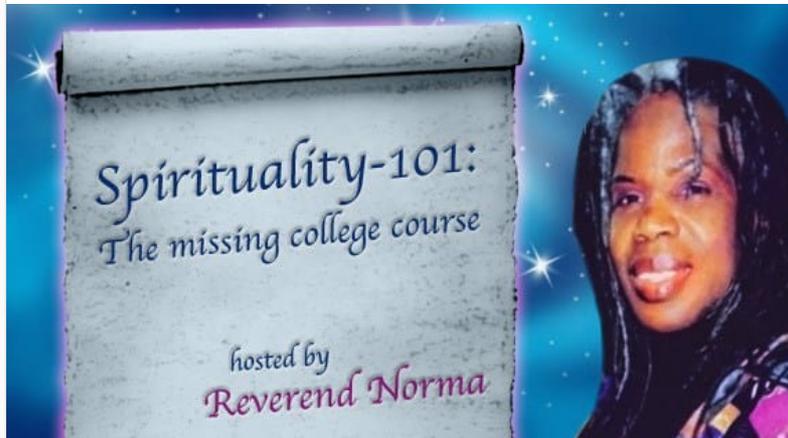


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I've frequently been asked this question. How do you maintain balance and harmony of this vast field of energy that keeps body, mind, soul and Spirit together? If you're looking for answers, meet my guest Rev. Diane Jarecki, Spiritual Teacher, Wellness Coach and Reiki Master Teacher. She's co-founder of Wings 'O Change where a great deal of this balancing takes place. Diane will teach us about the wonders of essential oils and ways to support the flow of spiritual energy. Check out Diane's work on the planet at: [www.wingssochange.com](http://www.wingssochange.com) Remember to call in live at 866-476-5795.



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