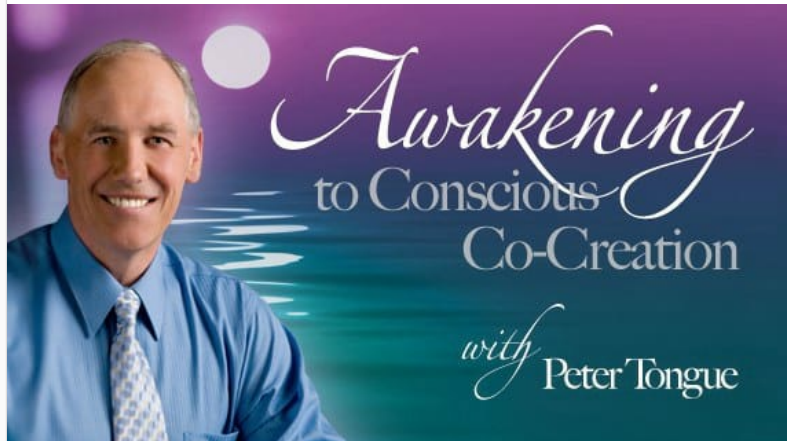


[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



EMPOWERMENT



Awakening to Conscious Co-Creation Archives Available

December 7th 2011: Timeless Essence, Infinite Being with Peter Russell and Shauna Shapiro

Peter Russell and Shauna Shapiro will discuss one of our critical challenges today, which is to free human thinking from the limiting beliefs and attitudes that lie behind so many of our problems: personal, social and global. They will also discuss the role of mindfulness meditation and how it can liberate us from such limitations, as well as the awareness that consciousness is the fundamental essence of the cosmos. With consciousness as primary awareness, everything remains the same and everything changes!!

Tune in

Archives Available on VoiceAmerica 7th Wave Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

[DOWNLOAD PDF](#) [GET CODE](#)

Featured Guests



Shauna L. Shapiro

Shauna L. Shapiro, Ph.D. is an Associate Professor of counseling psychology at Santa Clara University, and previously served as adjunct faculty for Andrew Weil's Center for Integrative Medicine at the University of Arizona.

[Read more](#)



Peter Russell

Peter Russell is an author and public speaker, who is recognized as one of the leading thinkers on consciousness and contemporary spirituality.

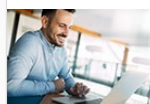
[Read more](#)

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

[VOICEAMERICA BLOG](#)