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**Family Caregivers Unite!  
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November 20th 2012: Dementia and Family  
Caregiving--Unmasking the Spouse's Grief**

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Eleanor Silverberg is a Counseling and Grief Specialist for Care Providers, [www.eleanorsilverberg.com](http://www.eleanorsilverberg.com). Tibor Maknyik is family caregiver for his wife with Alzheimer's disease, which began in 1997 when she was 53. They discuss the losses that family caregivers experience in caring for a spouse with the disease. She explains the losses family caregivers experience. He describes the most difficult losses he experienced. She describes her specialized professional approach to helping family caregivers with their losses. He explains the factors in his life that led him to turn to Eleanor for help, a

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**Tibor Maknyik**

Tibor Maknyik was born in Hungary in 1945, educated in England from age 12 and emigrated to Canada at age 23. He's a tool and die maker and plastic injection-mold maker with a mechanical technologist degree. After working at several companies he accepted a plant manager's job in a manufacturing plant with more than 200 employees. Five supervisors reported to him. He worked there for 20 years. In 2006, when the plant was sold and all manufacturing was shipped to Mexico, he took early retirement to care for his wife Elizabeth whom he married in 1973. Born in England, she migrated to Canada. Their two wonderful and successful sons are both married with children. In 1997 at age 53 Elizabeth bega

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**Eleanor Silverberg, BA Psych, MSW, RSW**

Eleanor Silverberg, BA Psych, MSW, RSW, is a self-employed Counseling and Grief Specialist for Care Providers. After 15+ years in dementia care professionally as a Community Outreach Social Worker and personally as a family caregiver, she focuses on assisting dementia caregivers to strengthen their resiliency and prevent burnout. She provides group counseling and presentations for family caregivers, and conducts on-site and online training seminars to healthcare frontline workers who serve dementia family caregivers. She trains healthcare workers in applying the 3-A Approach, Acknowledge, Assess, Assist (TM), she developed for addressing caregiver grief. She's observed that the loss and gr

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