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**January 8th 2013: Awakened Perspective**

My life has been full of ups and downs just like you. I was in that place, that space of needing more from my life; I needed to understand who I was and the purpose of me and my life. I had a desire to accomplish more, do more, have more and be more than who I had become. I just wanted to be happy! You see, I know what it is like to experience hardship, disappointment and deep loss. I understand what it feels like to be broken inside and in a state of deep despair. Yes, I have been there. If you can think of a negative experience, I have probably lived through it or something very similar. But

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