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**January 17th 2013: The Secret To Hitting Your Goal, Don't Focus On It!**

This may sound crazy, but the best way to hit your goals is to not focus on them. At the beginning of every year, many of us sit down and identify our goals and objectives for the year. We write down the goals we want to achieve and the date by which we want the goals accomplished. In most cases, traditional goal setting does not and will never work. Tune in to our next show with my guest, Delatorro McNeal, II, and me to learn how to set goals that you will achieve in the allotted timeframe with less effort.

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#### Featured Guest



#### **Delatorro L. McNeal, II , MS, CSP**

Delatorro L. McNeal, II , MS, CSP, has been transforming the lives of people from all walks of life for over 15 years. As an internationally renowned Professional Speaker and Best Selling Author, Delatorro has spoken in 48 of the 50 US states, and has delivered well over 3000 presentations to major corporations, colleges and universities, professional associations, conventions, churches, and leadership conferences. Delatorro has been featured on national and worldwide television networks like Fox News, NBC, BET, TBN, Daystar, Oxygen, and The Word Network as well as syndicated radio shows all across America. As a Peak Performance Expert, Delatorro partners with Fortune 500 Corporations, Pro

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