



EMPOWERMENT



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January 29th 2013: The Power Within

Believe in yourself and the Power Within to create positive changes for yourself, those around you and ultimately our world. Bonnie Wirth welcomes her guest Lauren Heistad to PURE Talk Radio and invites you to tune in hear Lauren's story! Lauren's entire spiritual journey stems from one miraculous moment with her mom. Looking back, what she has found to be most liberating about the experience was the realization that while submerged in the actual event, she had jumped right in with both feet and never questioned the power within. On the other hand, once her mind had a chance to digest what had

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Featured Guest



Lauren Heistad

Lauren Heistad is an intuitive spiritual healer, inspirational speaker, psychic medium and author of her forthcoming book "Activating your SOULworks: A Healing Journey". Through a lifetime of spiritual communication and healing experiences, Lauren actively studied metaphysics and now works to fully incorporate her intuition and healing gifts into her daily life. Lauren is a Licensed Spiritual Health Coach, Angelic Awakening Practitioner, sole business proprietor of SOULworks Consulting, and has studied Spiritual Healing at the Arthur Findlay College, United Kingdom. Lauren has successfully transitioned out of her 20-year career in the field of marketing and communications to activate her t

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