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EMPOWERMENT



### Birthright of Power

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**April 1st 2013: Mental Health and Addiction:  
Session 12**

A child is born and the parents dream. They grow, dream their life for themselves, but just as they are ready to launch, something goes terribly wrong and dreams die. A diagnosis such as bipolar or schizophrenia turns dreams into nightmares. Or things have gone well when a harsh blow so severe that life goes to pieces. What are mental illnesses anyway? Are they genetic or environmental? And what of addiction? More importantly, how does the person and their family find the way to health? Where is the power in all of this? And how does one find it when life seems to have come apart at t

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