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EMPOWERMENT



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February 27th 2013: Creating Balance: Feeding Your Nine Senses

In past episodes, we've begun exploring how establishing and maintaining constructive Core Energy forms the firm foundation for a life of Flow. This week, we take a much deeper dive into the Sensory Balance aspect of my Discovery Framework, when we sneak preview additional content from my upcoming book being released by Hay House/Balboa Press in Spring 2013. Like the framing in a home, our Outer and Inner Senses build on our energetic foundation to provide the day-to-day infrastructure for a Life of Flow securely grounded in Constructive Core Energy. Sensory Balance involves feeding all of

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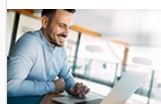
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