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HEALTH & WELLNESS



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**February 28th 2013: Break Through with Michael Pipich**

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Can you be addicted to alcohol even if you don't drink everyday? Is your spouse's prescribed pain killers causing more harm than good? Can anyone really get hooked on marijuana? This week on Break Through, Michael's guest is Dr. J. Wesley Boyd, author of *Almost Addicted, Is My (or My Loved One's) Drug Use a Problem?* Dr. Boyd is an assistant professor of psychiatry at Harvard Medical School, and has been featured on network television, along with *The Wall Street Journal* and *Time Magazine*. Michael and Dr. Boyd will explore what it means to be "almost addicted," where alcohol or drug use tee

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#### Featured Guest

Guest Image

#### J. Wesley "Wes" Boyd, MD, PhD

J. Wesley "Wes" Boyd, MD, PhD is an Assistant Clinical Professor of Psychiatry at Harvard Medical School and a staff at Cambridge Health Alliance (CHA) and Boston Children's Hospital (BHC) Adolescent Substance Abuse Program. Dr. Boyd also teaches medical ethics to first year medical students as well as residents in psychiatry at Harvard Medical School. His first consumer book is *Almost Addicted, Is My (or My Loved One's) Drug Use a Problem?*, which is part of the *Almost Effect* series from Harvard Medical School. You can learn more about Dr. Boyd and his book at [jwesleyboyd.com](http://jwesleyboyd.com).

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