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EMPOWERMENT



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**March 13th 2013: Finding Meaning by Feeding  
Your Senses of Creativity and Vitality**

We continue providing a sneak preview of my upcoming book being released by Hay House/Balboa Press in Spring 2013. In the past, we've explored the importance of Sensory Balance in fostering a generous, effortless, gracious life of Flow filled with Faith, Hope, Prosperity, Peace and Joy--a fluid Journey to Wholeness grounded in who you are BEING not what you are DOING. As magical as our 5 Outer Senses are in celebrating our world, to achieve genuine, comprehensive sensory balance, we expand our perspective to include the 4 Inner Senses with which we imbue our experience with meaning. Using the

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