

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



EMPOWERMENT



**Super Girl Guide: The Radio Show
Archives Available
March 7th 2013: Self-Love and Inner Beauty**

On the Super Girl Guide: The Radio Show Super Girls Carlee and Callie talked about how to love yourself, and what it means to have inner beauty. The girls started off the show with their power words. Carlee and Callie talked about how they used their power words that they picked for themselves last week out in the community. Then, the girls talked about the words they picked for each other, and chose new words for the following week to use out in the community. This week's guest speaker was Maya Nahra, a Behavioral Nutrition Expert, and the creator of Hello Beautiful magazine. Carlee and Calli

[Read more](#)



Tune in

Archives Available on
VoiceAmerica Kids Channel

EPISODE ON DEMAND

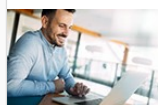
VIEW HOST PAGE

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

VOICEAMERICA BLOG