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April 17th 2013: Poetry in Motion

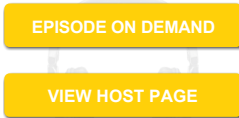
How do you go from stuttering and debilitating depression to spoken word champion? Join us as award winning Slam Poet Theo E.J. Wilson and I discuss his transformational poetry, his life and the lessons he's learned so far. The son of a Vietnam veteran, Theo learned at an early age the toll that psychological trauma can take on a family. Watching his father overcome PTSD gave Theo the strength to find a way to overcome his own depression without the help of western medicine. Through his poetry, Theo put his own inner turmoil to good use getting himself off the hamster wheel while inspiring oth

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Featured Guest



Theo E.J. Wilson

Theo E.J. Wilson is a founding member of the Denver Slam Nuba Team, winners of the 2011 National Poetry Slam. Theo, who has always had a passion for social justice, began his speaking career at the age of 14 in the NAACP. Upon graduation from Florida A&M University, where he earned a BA in Theater Performance, he interned as a full-time actor in the St. Louis Black Repertory Company. Once introduced to Slam Poetry, he never looked back. In 2004, Theo returned to Denver, winning many local slams against Denver's top competitors. He won the 2007 Erotic Poetry Slam in Austin, Texas, and in 2009, he placed 5th in the world at the International World Poetry Slam. As a proud resident of Denver,

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