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April 25th 2013: Clear mind, Better Performance, Bigger Results

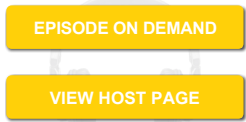
Jamie Smart will talk about how you can think less and achieve more. We are going to discuss clear thinking and what it can mean to your success. Do you have trouble focusing because of your crazy mind chatter? How much time do you waste just trying to get a start on your project or your day? Would you like to get "in the Zone" or "in the flow" more often and stay there longer? You might want to get a copy of Jamie Smart's just released book, Clarity: Clear mind, Better Performance, Bigger Results so you are ready to get the most from this show. This show is our debut on VoiceAmerica's Empo

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Featured Guest



Jamie Smart

Jamie Smart is an internationally renowned writer, speaker, coach, trainer and consultant. Originally from Canada and now based in London, Jamie shows individuals and organizations the unexpected keys to clarity—the ultimate leverage point for creating more time, better decisions and meaningful results.

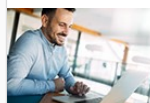
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