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EMPOWERMENT



**The Self Improvement Show  
Archives Available  
May 16th 2013: Dream, Save, Do**

We talked to Warren and Betsy Talbot when they were finishing the second year of traveling the world after getting rid of everything except what they could carry in their backpacks. They were wonderful. They have since been traveling in Mexico and have written a new book, Dream, Save, Do: An Action Plan for Dreamers. Dreamers don't usually have action plans and this is one that dreamers can continue to dream while putting the plan into action. Actually, Warren and Betsy help you define your dream, figure out how much it will cost and how to save the needed money and then DO IT. If you heard t

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#### Featured Guest



#### Betsy & Warren Talbot

Betsy and Warren Talbot describe themselves this way: "We are a recovering, 40-something, you can be free to live your dream, Type-A couple who learned that living large is not necessarily living well."

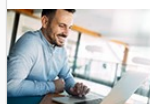
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