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EMPOWERMENT



**The Self Improvement Show  
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December 29th 2011: Life is a Choice**

Many people believe life “happens” to them and they have to deal with it in the best way they can. Others believe that they have choices. Dr. David Washington believes that Life IS a choice and he will discuss why he believes that is so. We will use his newly published book: Life is a Choice: A Guide to Success in Life as a jumping off point to discuss such topics as avoiding procrastination, making life work for you, creating a new life, playing to win and managing conflict. Dr. Washington comes to us demonstrating the success he talks and writes about. He states, “It is not the external batt

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