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EMPOWERMENT



**The Self Improvement Show
Archives Available
September 20th 2012: Capri Cruz**

More than 408,000 children nationwide are living in foster care in The U.S. Even more startling is that after “aging out” or emancipating from the system, many of these individuals experience homelessness, unemployment, and incarceration, among other unfavorable outcomes. Capri Cruz will share her experiences growing up in the child welfare system and her parallel struggles with abuse, sexual molestation, self-medication and racism. Along with sharing her story, Cruz’s memoir, *From Foster Care to Fabulous*, is also a guidebook to self-transformation, aimed at empowering individuals to take con

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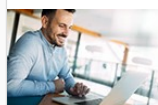
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