



EMPOWERMENT



Choose Your Energy: Change Your Life! Archives Available

November 20th 2013: Chocolate Peppers: Time to Stop Being a Martyr and Start Being Happy!

Americans report being among the most unhappy, unfulfilled people on the planet. One reason is because of the external influences we choose to submit to, even when we'd rather not. On average, for every ten things we do on a given day, only one is consistent with our personal values and desires. Why do we continue to live this way when acting from self-interest is actually the least selfish way to live? When we satisfy our human needs by acting in our own self-interest, we increase our own happiness, and the happiness of everyone around us, by moving ourselves forward on the path to personal s

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Featured Guest



Tab Edwards

Tab Edwards is an accomplished author and business professional with expertise in the fields of business unit-level strategy, business process consulting, the Document-related Information Supply Chain (DISC), and sales & selling— all areas on which he has written extensively. With more than 25 years of business and management experience gained from some of the world's most admired companies such as IBM, General Electric, SMCC, and Hewlett-Packard, Tab shares the breadth of his experience with companies worldwide. He also captures the best-practices from these experiences which he shares through his books and whitepapers. Tab holds a Bachelor's degree in Accounting from The University of Pitt

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