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Since 1971, when Intel first introduced the microprocessor chip, US productivity has more than doubled. That could have resulted in all of us having twice as much time for fun. Instead, during that same period, our leisure time has decreased by almost 40% while average wages have barely kept pace with inflation. Is it any wonder adults report feeling much more stressed than they did a decade or two ago? Ready to recapture your zest for living? My guest, JD Messinger, and I will discuss how we help individuals and teams get unstuck and reclaim their power to build lives and organizations they love!

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Featured Guest



JD Messinger

JD Messinger is the award winning author of the bestselling book 11 DAYS IN MAY: The Conversation That Will Change Your Life. He is a Distinguished Graduate of the United States Naval Academy

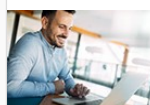
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