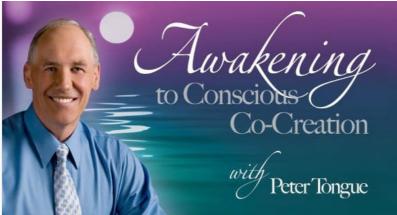
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### February 12th 2014: Self Care for the Self Aware

Dave Markowitz will discuss his latest book, Self-Care for the Self-Aware. The needs of the self-aware are different. Many of us are overly empathic, and many are extra sensitive to certain foods, medicines, situations, and people. If you have physical or emotional ailments, are overweight, have allergies, or are inexplicably lethargic, unfocused, or feeling lost, there is a reason. Your energetic sensitivities likely have caused you to take on the pain, unhappiness, and other disease of the people around you. Self-Care for the Self-Aware provides a solution specifically tailored for you and y

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### **Featured Guest**



#### **Dave Markowitz**

Dave Markowitz is an internationally known practitioner of intuitive medicine, author, dynamic and heart-felt speaker, and a powerful energy healer who has helped thousands on their journey toward wholeness.

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