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**Family Caregivers Unite!
Archives Available
November 18th 2014: Courage in Family
Caregiving for Alzheimer's Disease**

Mara Botonis's work, <http://www.whencaringtakescourage.com/>, involves her at the national level and alongside families coping with the impact of Alzheimer's disease. She talks about her life, career, and experience as family caregiver for a close family member stricken by the disease. She discusses her book 'When Caring Takes Courage: A Guide for Alzheimer's Caregivers'. She explains the challenges that Alzheimer's disease creates for individuals who live with it, their families, and for their family caregivers. She discusses the role of courage for family caregivers in responding to the challenge.

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Featured Guest



Mara Botonis

After twenty nine years in healthcare, throughout the United States in the senior housing industry, Mara Botonis's life and career trajectory was forever changed when a close family member was stricken with Alzheimer's. Her everyday work

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