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EMPOWERMENT



AWAKENED HEARTS

Live Talk Radio



with Rebekah Campbell and Boyd Campbell

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**April 11th 2016: Reiki Connects You With Spirit,
Assisting You in Healing Your Own Body, Mind
and Spirit**

Reiki is a Japanese holistic, light-touch, energy-based modality. It is "Spiritually Guided Life Force Energy" from an unlimited source. It is a gentle, relaxing and balancing healing technique, yet it is extremely powerful. Working as a support mechanism to the body, Reiki re-establishes a normal energy flow of ki (life force energy) throughout the system, which in turn can enhance and accelerate the body's innate healing ability. Reiki does not require that the practitioner guides the energy with the mind, as the energy is guided by the higher power that knows what vibration or combin

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